



NIGHTINGALE NETWORK MEETING MALMÖ 2020

Malmö university, “Orkanen”

Monday the 24th of February

10.00 Check-in, mingle-bingo, *Swedish fika* and information

Carina welcomes all the 18 partner cities, and an especially warm Welcome to Peter Stammerjohann and the Nightingale Berlin who have re-started their Nightingale program.

Presentation of the new webpage. Please share if you receive any prizes or awards, and we will publish it on the webpage – a win for one is a win for all!

Carina always shares news from the whole network on the Facebook page, and we also have a LinkedIn profile. If you have anything you would like to share please send information to her.

11.00- 11.30 Thesis presentation: *Extra-curricular vocabulary training*, by Helena Gischig, University of Teacher Education, Zug

Students who are part of the mentoring program in Zug write a short research paper in the end and there are a huge variety amongst the topics. The Nightingale program is incorporated as one of the options for research in year 2 in the teaching program. Helena’s research is focused on learning German vocabulary and how you can work with this within the Nightingale program, and she has applied 5 different theories on 5 different activities to do as a mentoring couple. She has collected her findings in a brochure that future mentors may use.

11.30- 12.15 A new research of *Näktergalen Malmö*, by Lars Lagergren, senior Lecturer, Malmö University

Vast majority of narratives, from both mentors and mentees, are positive. The most important thing for the mentees is having an adult who really listens. One important result is also the mentors ability to take the child’s perspective. And the fact that 58 of the 63 narratives are to a varying degree positive, from “a life changing experience to “we had fun at the time”.

The evaluation also shows the strict frame as one factor for success and sustainability.

To conclude it: The Nightingale Malmö meets it’s goals on all levels.

Final key words: Curiosity, respect, structure, clarity and presence.



[Please find the presentation attached for further reading.](#)

12.30 Lunch in the Orkanen restaurant

Carina wishes Dan D. Daatland, guest of honour, a warm welcome. Dan D. Daatland was a driving force in Mentor Migration, a three-year EU project together with Nightingale in Malmö, Freiburg and Berlin, Ljubljana, Girona, Stavanger and Zug.

13.30- 13.45 Information about EU application, by Clara Artus, Servei solidari, Barcelona
Clara presents the different options for EU funding, and the group will revisit the question on if and how we should work with the applications tomorrow (see the minutes from Tuesday's meeting further down). Please see the [full presentation attached](#).

Erasmus+ applications

Different Key Action lines

KA1: Mobility of individuals

- Youth exchanges, e.g. exchange between mentors in different countries
- Training courses

KA2: Strategic partnerships

- Exchange of good practices
- Cooperation for innovation

KA3: Support for policy reform

- Policy dialogue

European Solidarity Corps

Conclusion:

Clara Artus and Servei Solidari, Barcelona, is now the head of the group that will work with the EU-applications. All partners should let Clara know as soon as possible if they have a person interested in joining the group or not.

13.45- 14.45 Mentor Training introduction, Digital story telling-session, by Oslo Metropolitan University.

Elisabeth Arnesen presents their work with Digital Story Telling at Oslo Metropolitan University, as well as her own research on the topic. Results include stronger relationships at students' placements as well as increased reflection on one's own experiences. Now, they use digital story telling instead of written reports.

Mie Mørner presents Digital story telling as part of Mentor training.

Focus on the mentors own relation contribution in meeting with the mentee.

Reciprocity and responsibility in professional Mentor Training.

Jasmine Rachou shares her digital story from her time as a mentor, and how making the movie helped her reflect on her emotions.



**The Nightingale
Mentoring Network**

Please see attached presentation for more information.

https://docs.google.com/presentation/d/1qFRzLHtbBdBiH0QeQdT1TeE_6UAFejP15jRRKO6TmU8/edit#slide=id.p1

15.00 Exhibition: "Children's rights" at the Orkanen library – the mentees in the Nightingale Malmö had, with a little help from their mentors, created "tree of rights" where they had made leaves representing articles in the UN Convention on the Rights of the Child.

Celebration of *The Nightingale Day*, coffee and cake

One of the mentees in Nightingale Malmö performed a song/rap during the celebration.

18.30 The Nightingale Network 10th anniversary buffet at Malmö Town hall, hosted by Malmö municipality.

Afterparty at Paddy's

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Tuesday the 25th of February

9.00-9.30 Information, new board, next conference and network meeting
Carina presents a short history of the network.

Election of a new board member

As Marit Tveraabakk, Bodö, is leaving the board, we vote for a new board member.
A board member is *not* a bound to a person, but a partner city.

Suggestion: Lillehammer

Decision: Lillehammer

Next Network meeting: To be discussed in the board. It depends on the host, but it should however be sometime during the time spring semester 2021 or 2022.

Theme: As our themes follow the yearly cycle of the Nightingale next meeting's theme will be Supervision.



Evaluation & annual report

In addition to the Annual report, all members are asked to send in mentors' replies on the network's mentor evaluation. The annual report and the mentor evaluation replies shall be sent at the same time as the network member fee is due.

All documents will be uploaded on our webpage "For members", "Relevant documents for members"

09.30 Workshop, Mentor Training

Session 1: work position/experience based groups come up with 5 key words for mentor training from their perspective.

10.30 Coffee

11.00 Continued workshop and conclusion

Session 2: mixed groups bring their respective 5 key words to the table and decide on 5 "new" key words. These are then presented on the white board and briefly discussed.

Conclusion: The main purpose of this exercise was sharing experiences, and Carina tied the discussion together with what research says on the topic.

Research on mentor training

- Program rules, mentors' goals and expectations
- Mentors' obligations and appropriate roles
- Relationship development and maintenance
- Ethical issues that may arise related to mentoring
- Effected closure of the mentoring relationship and structures to support mentors

→ very much similar to the key words from the workshop!

One of the most important words: *Self-efficacy*

More information in [the presentation attached](#).

12.30 Lunch

13.30- 14.00 Evaluation and send-off

Thank you for participating in the Network meeting!

The Nightingale/ Näktergalen-Malmö team, Miriam, Jenny and Carina