

Om høgskolen

Fakultet for helse- og sosialvitenskap

Arrangementer fra HSV

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The Nightingale Conference 2022

Welcome to The Nightingales 11th Internationale Conference 24-25 February 2022 in Lillehammer, Norway. The topic for the conference is Reflect, re-think, and re-story in supervision.

Did not find resource: /om-hogskolen/fakultet-for-helse-og-sosialvitenskap/arrangementer-fra-hsv/nattergalkonferansen/index.html





The supervision in the Nightingale gives mentors the possibility to reflect upon their own experiences, create new narratives and a get a better understanding of others perspective. New narrative which in best will not tolerate injustice – opposite the perspective that demand harder punishment, feel frustration - which often grow in fear and when people do not meet or reflect. You can almost say the Nightingale is the peace-project we need today, especially when fundamental movements and nationalism are spreading and when intolerance and xenophobia are creating invisible walls preventing people from taking part in society.

At this network meeting we will discuss how supervision can help the mentors to create new narratives and a better understanding of their own action so that mentoring will not only become learning by doing but also learning by reflective doing. Supervision is one way to put words on one's own experiences and reflect upon them, and as Dewey once said we do not learn from experience, we learn from reflecting on experience.

The mentoring programme Nightingale runs at eight Universities and University Colleges in Norway and it is supported by the Directorate of Children, Youth and Families (Bufdir).

The Nightingale Program is part of an international network. Please visit <u>The</u> Nightingale Network`s website.

Programme

Wedensday 23 th. of February:

Meet at a local Lillehammer pub/coffeehouse for chat and drinks.

The conference is held in Festsalen (1G203) at the Innland University, Vormstuguvegen 2 on both Thuesday and Friday.

Thursday 24 th. of February:

09:30: Registration and coffee

10:00: Welcome and Board information, new board – new conference/network meeting

Dean Faculty of Social and Health Sciences

Carina Sild Lønroth, Manager of the Nightingale international mentoring Network

10:30 - 11: 00: Project "Cultural Heart» Carol Kvande and Janne Aasebø Johnsen

11:00 - 11:30: Partners presentations – good examples to share:

Intercultural exchange across borders – Introducing the concept of IRIS (Intercultural Reflective Interactive Space) - Peter Stammerjohan and Tamina Kappeler

11:30 - 13:00: Workshop/group discussion - experience exchange

13:00 - 14:00: Lunch and continue group discussions Cafeteria at Høgskolen

14:00 - 15:00: Keynote speaker Sunil Loona: Structures, Cultures and Biographies - a conceptual framework for understanding difficulties minority students face in their daily lives

15:00 - 16.00:Coffee brake and plenum discussion

19:00: Dinner at Kulturhuset Banken

"Kulturhjerte" - cultural performance

The buss will bring us from the Innland University to the center of the city – within walking distance to the hotels and the Kulturhuset Banken

Friday 25. th of February:

9:00 - 9.30: Partners presentations - good examples to share:

Individual and collective dynamics of student-centered supervision.

Gaining experiences as a mentor through the connection of sensoryaesthetic perception and (self-)reflective practices, Peter Stammerjohan, Freie Universität Berlin How to increase self-understanding and awareness through the use of creative methods and activities in mentorship, Elisabeth Arnesen, Oslo met

09:30 - 13:00: Workshops -experience exchange

13:00 - 14:00: Luch from the cafeteria at Høgskolen

14:00 - 15:00: Summarizing/evaluation – how to continue to work with supervision

Speakers



On this network meeting we will have the great honour to listen to **the key note** speaker

Sunil Loona who is a trained psychologist, with post-graduate degrees in psychology from both India and Norway. He has extensive experience in working with minority students.

Sunil Loona is founder member of the Anti-Racist Center in Oslo. As a researcher he has written several academic articles on various topics related to minority issues.

His perspective is a class, structural racism and poverty.

We will discuss and listen to partners experiences of supervision, from different perspective:

· The supervisors

What is happening in supervision? (New narratives by reflection, rethinking and re-storying) Taking the perspectives of others; the child's and the caregivers. Improving self-knowledge, self-reflection, and a better self-efficacy. The learning process. The reflective practitioner (Kolb and Donald Schon)

· The mentors

What problems do mentors struggle? What are their experiences? What do they highlight in their diaries, reflection notes and monthly reports? What are they thinking between the meetings and what do they point out at the end of the mentoring period?

• The practitioner-four different examples of supervisions

Intercultural exchange across borders – Introducing the concept of IRIS (Intercultural Reflective Interactive Space)

The presentation introduces the concept of IRIS (Intercultural Reflective Interactive Space) and the experiences of the first pilot run. The concepts behind the four letters will be outlined as pillars of the concept. A short report of the first pilot run, which took place between mentors of the Nightingale at PH Zug and FU Berlin, first findings are presented and possibilities for an extension to other partners of the International Nightingale Network are discussed. This will be the first introduction of the concept of IRIS (Intercultural Reflective Interactive Space)

2. Narratives by experiences

In this research project you will hear more about how students and mentors wrote stories from their own experiences in meetings with other. The stories were written in a I-perspective, read in the seminars, and discussed. Next time student and mentors had to write the same stories again, but now from another perspective – a method inspired by "stories to live by" (Clandinin and Connelly.)

- 3. Individual and collective dynamics of student-centred supervision
 Gaining experiences as a mentor through the connection of sensory-aesthetic perception and (self-reflective practices)
- 4. How to increase self-understanding and awareness through the use of creative methods and activities in mentorship

Practical information

Accomodation:

All the hotels are located in the city center and nearby the railway station.

Scandic Hotel: Singel room 1290.- NOK

First Hotel Breiset: Singel room 850.- NOK / double room 1.050.- NOK

<u>Birkebeineren Hotel</u> & Appartements: Singel room 945.- NOK <u>Stasionen hotel</u>: Single room 995.- NOK/ double room 1.295.- NOK

Transportation

Oslo Airport Gardermoen (link)

Train to Lillehammer from Gardermoen goes every hour and takes about 2 hours. You can take train direct from the airport to Lillehammer railway station (Lillehammer skyss-stasjon).

All the accomodations are in walking distance.

Bus

Høgskolen i Innlandet is situated 5 km from the city. You need to take the bus from Lillehammer Skysstasjon to the university.

Taxi

You can take taxi from Lillehammer Skyss stasjon.

Fee/cost

Admission fee is 1.750 NOK (180 EURO). This includes lunch, coffees, celebration and dinner in the evening the 24th. Drinks for dinner are not included.

About the "Cultural Heart":

is a local integration project and is a place where everybody should feel a belonging, and a place where they are listened to. A place where children and young people can share their own history, their talents, their language, and their culture. We are children and young people from many different countries and during the schoolyear we will present various performances by the assistance of professional artists.

Carol Kvande is a professional singer, actor, music teacher and director. She comes from South Africa and is a permanent director for 'Cultural Heart. Janne Aasebø Johnsen is a teacher, author, dramatist, and publisher. She comes from Norway and is a permanent writer for 'Cultural Heart'. Both live in Lillehammer.

Read more about "Cultural Heart" here (link)

Del på sosiale medier:



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ANSVARLIG FOR DENNE SIDEN

Nettredaktør

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